

# Equipping our children with the life skills they need to thrive

Thursday 9th Feb 2023



## LAUNCH EVENT!!!

Red Oaks Primary School are excited to be partnering with The Happy Confident Company to pilot a whole school social and emotional literacy programme that will be used as a UK case study for best in class mental health and wellbeing programmes. The whole school will be taking part and we're inviting parents to our launch event.



### MEET BEST-SELLING AUTHOR, COACH & FOUNDER, NADIM SAAD

Nadim will be joining us to explain the programme to parents and also share the knowledge he's gained over decades working with businesses, families, children and schools in how we can all come together to help children thrive.

He'll also give our Red Oaks parents, some top tips, quick wins and easy to implement strategies for the home.



### FIND OUT ABOUT THE PROGRAMME

Find out more about the programme, the products the children will be using and hear some of the examples of how kids around the UK are being helped by working with the journals, games, Happy Confident Me TV, and the FEELIT Programme

## SEE YOU THERE...

