

# BEND A BONE WITH VINEGAR!

## YOU WILL NEED:

- A jar large enough to fit a chicken bone
- A chicken bone a leg or "drumstick" bone works best
- Vinegar

#### WHAT TO DO

- 1. Have a nice chicken dinner and save a bone. Leg bones work best.
- 2. Rinse off the bone in running water to remove any meat from the bone.
- 3. Notice how hard the bone is gently try bending it. Like our bones, chicken bones have a mineral called calcium in them to make them hard.
- 4. Put the bone into the jar and cover the bone with vinegar. It might be a good idea to put the lid on the jar or cover it let it sit for 3 days
- 5. After 3 days remove the bone. It should feel different. Now you can rinse it off and try bending it again. Is it really a rubber bone?







## **HOW DOES IT WORK?**

So what happened? What is so special about vinegar that it can make a hard bone squishy? Vinegar is considered a mild acid, but it is strong enough to dissolve away the calcium in the bone. Once the calcium is dissolved, there is nothing to keep the bone hard – all that is left is the soft bone tissue. Now you know why your mom is always trying to get you to drink milk – the calcium in milk goes to our bones to make our bones stronger. With some effort and you can really get the bone to bend.

# MAKE IT AN EXPERIMENT:

The project above is a DEMONSTRATION. To make it a true experiment, you can try to answer these questions:

- 1. Does the length of time the bone is in vinegar affect how much the bone bends?
- 2. Do smaller size bones become "bendy" sooner?
- 3. Do different types of vinegar affect how bendy bones become ?