

Week Commencing:														
Red Oaks Week 3														
Menu Item <input checked="" type="checkbox"/> Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Cottage Pie							<input checked="" type="checkbox"/>							
Veg Meatballs, Mashed Potato \& Gravy		Wheat					<input checked="" type="checkbox"/>							
BBQ Chicken Wrap & Rice		Wheat												
Sweet & Sour Vegetables & Rice														
Roast Chicken Dinner														
Roast Quorn Fillet Dinner		Wheat												
Beef Burger & Potato Wedges		Wheat										MC		
Macaroni Cheese		Wheat					<input checked="" type="checkbox"/>							
Fish Fingers & Chips		Wheat			<input checked="" type="checkbox"/>									
Cheese & Tomato Pizza & Chips		Wheat		MC			<input checked="" type="checkbox"/>							