Forest Class - Term 3





I can tell you about a person who has faced difficult challenges and achieved success.

I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability)

I can identify a dream/ambition that is important to me. I can imagine how I will feel when I achieve my dream/ambition.

I enjoy facing new learning challenges and working out the best ways for me to achieve them.

I can break down a goal into a number of steps and know how others could help me to achieve it.

I am motivated and enthusiastic about achieving our new challenge.

I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge.

I can recognise obstacles which might hinder my achievement and can take steps to overcome them. I can manage the feelings of frustration that may arise when obstacles occur.

I can evaluate my own learning process and identify how it can be better next time.

I am confident in sharing my success with others and can store my feelings in my internal treasure chest.

Continue to learn emotions through 'feel it'.

Continue to develop and explore ways of getting back to feeling 'okay'.