



# BLP AT RED OAKS

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# BLP IN RED OAKS PRIMARY SCHOOL

In Red Oaks ,BLP (which stands for Building Learning power) is extremely important we believe it is a key for a happy, healthy life. It promotes the idea of lifelong learning and we know we are learning something new in all subjects everyday. Here at Red Oaks BLP is celebrated in all parts of the curriculum.



# THE 4 R'S

- You're probably wondering 'what on earth are the 4 r's' well they are our main BLP muscles the names of them are resilience, resourcefulness, reflectiveness and reciprocity

## Resilience

The ability to find quick and clever ways to overcome difficulties

## Reciprocity

The practice of exchanging things with others for mutual benefit, especially privileges granted by one country or organization to another



# THE 4'RS

Resourcefulness

The ability to recover from difficulties; toughness easily and quickly

Reflectiveness

To think deeply about something

# WHAT IS PERSEVERANCE?

In addition to the 4 r's I would also like to talk about perseverance. This is a common BLP muscle that is used frequently, sometimes without us even knowing it, perseverance is the desire to carry on and show true determination throughout what is sometimes a tricky situation





# BLP DUDES

In our school we have a variety of awards for BLP however, our main one is BLP dudes . The way these work are that each week a teacher selects a child who she/he thinks have flexed their BLP muscles throughout the week. These could be earned by using a variety of different muscles including:

- Noticing
- Reasoning
- Managing
- Questioning
- Planning
- Making links
- Managing distractions
- Absorption
- Empathy

THANKS FOR WATCHING

